NIDI Vizkor Memorial BOOKLET

5782 2021/2022



BETH TIKVAH SYNAGOGUE RICHMOND BC

YIZKOR 5782

A PRAYER LIGHTING THE MEMORIAL CANDLE

by Rabbi Naomi Levy

I haven't forgotten you, even though it's been some time now since I've seen your face, touched your hand, heard your voice. You are with me all the time.

I used to think you left me. I know better now. You come to me. Sometimes in fleeting moments I feel your presence close by. But I still miss you. And nothing — no person, no joy, no accomplishment, no distraction, not even God — can fill the gaping hole your absence has left in my life.

But mixed together with all my sadness, there is a great joy for having known you. I want to thank you for the time we shared, for the love you gave, for the wisdom you spread.

Thank you for the magnificent moments and for the ordinary ones too. There was beauty in our simplicity. Holiness in our unspectacular days. And I will carry the lessons you taught me always.

Your life has ended, but your light can never be extinguished. It continues to shine upon me even on the darkest nights and illuminates my way.

I light this candle in your honor and in your memory. May God bless you as you have blessed me with love, with grace and with peace. Amen.

(As the light is kindled, say:) Zeycher tzadeek leev'racha The memory of the upright is a continuing source of blessing.



We take this year of 5782 to focus on Reconnection, Renewal, and Resilience; these themes speak to the heart of Yizkor. After all, Yizkor offers us the opportunity to reconnect with those we have physically lost in years gone by and yet as we renew that connection, we remind ourselves in powerful ways that love never dies. As the poet, Merrit Malloy powerfully wrote, "Love doesn't die, people do. So, when all that's left of me is love, give me away." Through such sentiments and rituals offered through our tradition, those of us who remain on earth, fulfilled and inspired by the values and memories of our loved ones, we marvel and find strength in resilience. We are who we are because of those who brought us into this world and those who shaped our lives until this moment. Through the creation of this publication and our yizkor prayers, we offer tributes to our beloved and call them to mind, ensuring their lives continue to bound up in the bonds of life.

As with last year, WE WILL USE the readings and tributes of this special publication for Yizkor throughout the year, for Yom Kippur, Shemini Atzeret, the eighth day of Pesach and Shavuot. This year, however, we have very special additions offered by three of our very own Beth Tikvah members—Marilyn Berger, Barry Corrin and Linda Steiner. For these, we are grateful.

May these pages bring comfort and inspire joyful memories of those you have loved. May the memories of your loved ones forever be a blessing.

Wishing you and your families a year filled with reconnection, renewal and resilience!

Shanah tovah, g'mar chatimah tova (a good year in which you are written and sealed for goodness!)

Rabbi Tendler

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This memorial book is an annual publication of Beth Tikvah Synagogue distributed on Yom Kippur and at all other Yizkor services throughout the year. It contains short biographies of members of our congregation who passed away in the previous year, as well as some prayers, psalms and inspirational readings. The names of the late family members and friends in whose memory donations to support this project were made appear at the back of the book. Yizkor is for letting the music come back, softly and sweetly. Yizkor is to hush us and to heal us, because we are very tired under the burden which death has brought. Yizkor is to hush us with the quiet strength of prayer. Yizkor is to heal with wisdom that death gives urgency to life. Then sit quiet, without bitter tears, and let the silence flow in, bringing more love than grief, more gratitude than rebellion.

by Rabbi Jacob Philip Rudin "Remembrance", Religion and Bereavement

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שוּיתי הי לְנֵגְדִי תַמִיד,

כִּי מִימִינִי בַּל־אַמּוֹט.

כִּבוֹדִי, אַף בִּשָּׂרִי יִשְׁכֹּן

לַכֵן שַׂמַח לִבִּי וַיַּגֵל

לבטח.

God is always before me, at my	
right hand, lest I fall.	
Therefore I am glad, made	
happy, though I know that	
my flesh will lie in the ground	
forever.	

The deaths of those we now remember left holes in our lives. But we are grateful for the gift of their lives and we are strengthened by the blessings that they left us and the precious memories that comfort and sustain us as we recall them this day.

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Like the stars by day, our beloved dead are not seen with mortal eyes, but they shine on in the untroubled firmament of endless tim.

by Rabbi Edward N. Calisch

ODE TO MY MOM

by Linda Stein

I am in the best place I am in the worst space

Time is infinite Time is finite Time is an illusion Or a delusion of our making

> Tick tock Life is a clock

Time is finite Time is infinite It is of our making It is for our forsaking

Life is all about timing And rhyming and crying And loving and caring And giving and sharing And taking and enjoying

And timing for living And timing for dying

It is a finite infinity for eternity.

Mom keep warm and comfortable and dream a little dream tonight.

WHEN I DIE

by Merrit Malloy

When I die Give what's left of me away To children And old men that wait to die.

And if you need to cry, Cry for your brother Walking the street beside you And when you need me, Put your arms Around anyone And give to them What you need to give to me.

I want to leave you something, Something better Than words Or sounds.

Look for me In the people I've known Or loved, And if you cannot give me away, At least let me live in your eyes And not on your mind.

> You can love me most By letting Hands touch hands By letting Bodies touch bodies And by letting go Of children That need to be free.

Love doesn't die, People do. So, when all that's left of me Is love, Give me away.

MEMORIES...REMEMBER...SHARE

by Marilyn Berger

Do not turn your backs on the departed, Their memories endure, Mechayai hamatim, With the help of HaShem, we, made in the image of our Creator Bring life to the dead! Yizkor instructs us to remember Put the vision of our departed loved ones in all our heads and all our hearts

> Remember Her smile, the glint in his eyes The gales of laughter The tears when life made them cry The deeds that were taught us The never ending laugh still sent to us daily Guardian angels from up above!

> > Share

Generations come and go And still they are here, always remaining a part of us Honour our loved ones Tell their stories L'dor v'dor, our grandchildren should know The soul never dies Let's hold our departed loved ones close Look, Listen, Open your eyes They are still here You are not alone!

INSTRUCTIONS FOR REMEMBERING

by Rabbi Nina Mizrahi

Remember.

Remember the blessings of those who no longer walk this earth.

Remember each name, each life-story.

Remember on behalf of those whose memory fails.

Remember with love the sweet and the bittersweet.

Remember with forgiveness the hurt and misunderstanding.

Remember with insight so you might experience deeper meaning.

Remember through the pain until you can touch the joy and find comfort.

Remember through dreams left unfulfilled and choose one to fulfill.

Remember through your heart.

Remember through your actions.

Remember through living with kindness, generosity and forgiveness.

Remember through your children and grandchildren.

Remember by planting memories and helping them take root in the living.

Remember by opening your heart even if you thought it was closed forever.

Remember to live your own life as a blessing.

Remember to do all this.

Remember and you will be remembered.

Remember.

YIZKOR

ADONAI, what are human beings that You take account of them, mortals that You care for them? Humans are as a breath, their days like a passing shadow. In the morning they flourish anew, in the evening they shrivel and die. Teach us to count each day, that we may acquire a heart of wisdom.

יזכור

ה׳, מָה־אָדָם וַתֵּדָעֵהוּ, בֶּן־אֶנוֹשׁ וַתְּחַשְׁבֵהוּ. אָדָם לַהֶכֶל דָּמָה, יַמָּיו כְּצֵל עוֹבֵר. בַּבְּקֶר יָצִיץ וְחָלָף, לָעֶרֶב יְמוֹלֵל וְיָבֵשׁ. לִמְנוֹת יָמֵינוּ בֵּן הוֹדַע וְנָבִיא לְבַב חָכְמָה.

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May these moments of meditation link me more strongly with my closest companion in life—my soulmate, my friend, my confidant, my helping hand, my listening heart, my compass, my shining light.

In spite of death, our deep bonds of love are strong. May I always be worthy of that love. May the memory of our companionship lead me out of loneliness:

may it awaken in me gratitude for that which still endures. And may you rest forever in dignity and peace.

Blessed is the One who is far beyond all blessings and hymns, all the praises and words of comfort that we speak in the world. And blessed are those who are now far beyond my words, my praise, my voice—even my silence. We each continue in private meditation, selecting from among the following and adding appropriate names as indicated. Personal prayers may be added.

We rise.

In memory of male relatives or friends:

May God remember the soul of

my father	
my husband	
my partner	
my brother	and <u>product</u> a blad
my son	
my relative	
my friend	
(others)	STEPS COME

who has [have] gone to his [their] eternal home. In loving testimony to his life [their lives], I pledge *tz'dakah* to help perpetuate ideals important to him [them]. Through such deeds, and through prayer and remembrance, may his [their] soul[s] be bound up in the bond of life. May I prove myself worthy of the many gifts with which he [they] blessed me. May these moments of meditation strengthen the ties that link me to his [their] memory. May he [they] rest in peace forever in God's presence. Amen.

In memory of female relatives or friends:

May God remember the soul of

my mother	the manage of the	
my wife		
my partner		
my sister		
my daughter	aller marker	
my relative		
my friend		
(others)		

who has [have] gone to her [their] eternal home. In loving testimony to her life [their lives], I pledge *tz'dakah* to help perpetuate ideals important to her [them]. Through such deeds, and through prayer and remembrance, may her [their] soul[s] be bound up in the bond of life. May I prove myself worthy of the many gifts with which she [they] blessed me. May these moments of meditation strengthen the ties that link me to her [their] memory. May she [they] rest in peace forever in God's presence. Amen. We each continue in private meditation, selecting from among the following and adding appropriate names as indicated. Personal prayers may be added.

We rise. In memory of male relatives or friends:

יַזְכּוֹר אֵלהִים אֶת נִשְׁמַת

(for a father)	אָבִי מוֹרִי
(for a husband)	אישי
(for a partner)	בֶּן זוּגִי
(for a brother)	אָחי
(for a son)	<u>רְּנִי</u>
(for other relative)	קרוֹבִי
(for a friend)	
(others)	na semilaren

שֶׁהָלַךְּ לְעוֹלָמוֹ [שֶׁהָלְכוּ לְעוֹלָמָם]. הִנְנִי נוֹדֵב/נוֹדֱבֶת צְדָקָה בְּעַד הַזְכָּרַת נִשְׁמָתוֹ [נִשְׁמוֹתֵיהֶם]. אָנָּא תְּהִי [תִּהְיֶינָה] נַפְשׁוֹ צְרוּרָה [נַפְשָׁם צְרוּרוֹת] בִּצְרוֹר הַחַיִּים וּתְהִי מְנוּחָתוֹ [מְנוּחָתָם] כָּבוֹד, שְׂבַע שְׁמָחוֹת אֶת־ פֶּנֵיךְ, נְעִימוֹת בִּימִינְךְ נֵצַח. אָמֵן.

In memory of female relatives or friends:

יזכּוֹר אלהים את נשמת



שֶׁהָלְכָה לְעוֹלָמָה [שֶׁהָלְכוּ לְעוֹלָמָן]. הִנְנִי נוֹדֵב/נוֹדֱבֶת צְדָקָה בְּעַד הַזְכָּרֵת נִשְׁמָתָה [נִשְׁמוֹתֵיהֶן]. אָנָּא הְהִי [תִּהְיֶינָה] נַפְשָׁה צְרוּרָה [נַפְשָׁן צְרוּרוֹת] בִּצְרוֹר הַחַיִּים וּתְהִי מְנוּחָתָה [מְנוּחָתָן] כָּבוֹד, שְׂבַע שְׁמָחוֹת אֶת־כָּנֵיְךָ, נְעִימוֹת בִּימִינְךָ נֵצַח. אָמֵן.

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IN MEMORY OF CONGREGANTS:

May God remember the souls of our friends, members of this holy congregation, who have gone to their eternal home. May their souls be bound up in the bond of life. May these moments of meditation strengthen the ties that link us to their memory. May they rest in peace forever in God's presence. Amen.

Exalted, compassionate God, comfort the bereaved families of this congregation. Help us to perpetuate everything that was worthy in the lives of those no longer with us, whom we remember this day. May their memory endure as a blessing. And let us say: Amen.

IN MEMORY OF THE SIX MILLION:

Exalted, compassionate God, grant perfect peace in Your sheltering presence, among the holy and the pure, to the souls of all the men, women, and children of the House of Israel who were slaughtered, strangled, and burned in the Shoah. May they rest in peace Merciful One, may they find eternal shelter beneath Your sheltering wings, and may their sould be bound up in the bond of life. May they rest in peace. And let us say: *Amen*.

IN MEMORY OF CONGREGANTS:

יִזְכּוֹר אֱלֹהִים נִשְׁמוֹת יִדִידֵינוּ חֶבְרֵי הַקָּהָל הַקָּדוֹשׁ הַזֶּה שֶׁהְלְכוּ לְעוֹלָמָם. אָנָּא תִּהְיֵינָה נַפְשׁוֹתֵיהֶם צְרוּרוֹת בִּצְרוֹר הַחַיִּים וּתְהִי מְנוּחָתָם כָּבוֹד, שְׂבַע שְׁמָחוֹת אֶת־ כַּנֵיךּ, נִעִימוֹת בִּימִינִךּ נֵצַח. אָמֵן.

IN MEMORY OF THE SIX MILLION:

אַל מָלֵא רַחֲמִים, שׁוֹכֵן בַּמְרוֹמִים, הַמְצֵא מְנוּחָה נְכוֹנָה תַּחַת כַּנְפֵי הַשְׁכִינָה, בְּמַעֲלוֹת קְדוֹשִׁים וּטְהוֹרִים, כְּזְהַר הָרָקִיעַ מַזְהִירִים, לְנִשְׁמוֹת כָּל־אַחֵינוּ בְּנֵי יִשְׂרָאַל שֶׁנִּטְבְּחוּ בַשׁוֹאָה, אֲנָשִׁים נָשִׁים נָשַׁי, שֶׁנֶחְנְקוּ וְשֶׁנִּשְׂרְפוּ שֶׁנָּטְבְּחוּ בַשׁוֹאָה, אֲנָשִׁים נָשִׁים נָשִׁים נָטַף, שֶׁנֶחְנְקוּ וְשֶׁנִּשְׂרְפוּ וְשֶׁנֶּטְבְּחוּ בַשׁוֹאָה, אֲנָשִׁים נָשִׁים נָשִׁים נָטַף, שֶׁנֶחְנְקוּ וְשֶׁנִּשְׂרְפוּ וְשֶׁנֶּטְרְגוּ, שֶׁמָּסְרוּ אֶת־נַפְשָׁם עַל קִדּוּשׁ הַשֵּׁם, בְּגַן עֵדֶן הְהָהִי מְנוּחָתָם. אָנָּא בַּעַל הָרַחֲמִים, הַסְתִירֵם בְּסֵעֶר הְיִהוּא נַחֲלָמִים. וּצְרוֹר בִּצְרוֹר הַחַיִּים אֶת־נִשְׁמוֹתֵיהֶם. ה׳ הוּא נַחֲלָתָם. וְיָנְוּחוּ בְשָׁלוֹם עַל מִשְׁכְּבוֹתֵיהֶם. וְנֹאמַר אָמֵן.

IN MEMORY OF ALL THE DEAD:

Exalted, compassionate God, grant perfect peace in Your sheltering presence, among the holy and the pure, to the souls of all those we have recalled today. May their memory be a blessing Merciful One, we ask that our loved ones find perfect peace in Your eternal embrace. And let us say: *Amen*.

IN MEMORY OF ALL THE DEAD:

אַל מָלֵא רַחֲמִים, שׁוֹכֵן בַּמְּרוֹמִים, הַמְצֵא מְנוּחָה נְכוֹנָה תַּחַת כַּנְפֵי הַשְׁכִינָה, בְּמַעֲלוֹת קְדוֹשִׁים וּטְהוֹרִים, כְּוְהַר הָרָקֵיעַ מַזְהִירִים, לְנִשְׁמוֹת כָּל־אֵלֶּה שֶׁהִזְכַּרְנוּ הַיּוֹם לִבְרָכָה, שֶׁהָלְכוּ לְעוֹלָמָם, בְּגַן עֵדֶן תְּהִי מְנוּחָתָם. אָנָּא בַּעַל הָרַחֲמִים, הַסְתִירֵם בְּסֵתֶר כְּנָפֶיךּ לְעוֹלָמִים. וּצְרוֹר בִּצְרוֹר הַחַיִּים אֶת־נִשְׁמוֹתֵיהֶם. ה׳ הוּא נַחֲלָתָם. וְיָנְוּחוּ בְשָׁלוֹם עַל מִשְׁכְּבוֹתֵיהֶם. וְנֹאמַר אָמֵן.

Yizkor 5782

Mourner's Kaddish

May God's great name be exalted and hallowed throughout the created world, as is God's wish. May God's sovereignty soon be established, in your lifetime and in your days, and in the days of all the House of Israel. And respond with: *Amen*.

May God's great name be acknowledged forever and ever!

May the name of the Holy One be acknowledged and celebrated, lauded and worshipped, exalted and honored, extolled and acclaimed—though God, who is blessed, *b'rikh hu*, is truly far beyond all acknowledgment and praise, or any expressions of gratitude or consolation ever spoken in the world. And respond with: *Amen*.

May abundant peace from heaven, and life, come to us and to all Israel. And respond with: *Amen*.

May the One who brings harmony on high, bring harmony to us and to all Israel [and to all who dwell on earth]. And respond with: *Amen*.

Mourners:

Yitgaddal v'yitkaddash sh'meih rabba, b'alma di v'ra, ki-r'uteih, v'yamlikh malkhuteih b'hayyeikhon u-v'yomeikhon u-v'hayyei d'khol beit yisra·el, ba-agala u-viz'man kariv, v'imru amen.

Congregation and mourners: Y'hei sh'meih rabba m'varakh l'alam u-l'almei almayya.

Mourners:

Yitbarakh v'yishtabbah v'yitpa·ar v'yitromam v'yitnassei v'yit·haddar v'yit·alleh v'yit·hallal sh'meih d'kudsha, b'rikh hu, l'eilla(l'eilla)mi-kol birkhata v'shirata tushb'hata v'nehamata da-amiran b'alma, v'imru amen.

Y'hei sh'lama rabba min sh'mayya v'ḥayyim aleinu v'al kol yisra·el, v'imru amen.

Oseh shalom bi-m'romav hu ya∙aseh shalom aleinu v'al kol yisra∙el [v'al kol yosh'vei teiveil], v'imru amen.

Mourners:

קַדִּישׁ יָתוֹם

ּיִתְנַּדַּל וְיִתְקַדַּשׁ שְׁמֵהּ רַבָּא, בְּעַלְמָא דִּי בְרָא, כִּרְעוּתֵהּ, וְיַמְלִיךְ מַלְכוּתֵהּ בְּחַיֵּיכוֹן וּבְיוֹמֵיכוֹן וּבְחַיֵּי דְכָל־בֵּית יִשְׂרָאֵל, בַּעֲגָלָא וּבִזְמַן קָרִיב, וְאִמְרוּ **אָמֵן**.

Congregation and mourners:

יְהֵא שְׁמֵהּ רַבָּא מְבָרַךְּ לְעָלַם וּלְעָלְמֵי עָלְמַיָּא.

Mourners:

יִתְבָּרַךְּ וְיִשְׁתַּבַּח וְיִתְבָּשֵׁא וְיִתְהַדֵּר וְיִתְנַשֵּׂא וְיִתְהַדֵּר שְׁמֵה דְּקֻדְשָׁא, בְּרִיךְ הוּא, שְׁמֵה דְּקֻדְשָׁא, בְּרִיךְ הוּא, תְּשְׁבְּחָתָא וְנֶחָמָתָא דַּאֲמִירָן בְּעָלְמָא, וְאִמְרוּ אָמֵן.

יְהֵא שְׁלָמֶא רַבֶּא מִן שְׁמַיֶּא וְחַיִּים עָלֵינוּ וְעַל כְּל־יִשְׂרָאֵל, וְאִמְרוּ **אָמֵן**.

> עֹשֶׂה שָׁלוֹם בִּמְרוֹמָיו הוּא יַעֲשֶׂה שָׁלוֹם עָלֵינוּ וְעַל כְּל־יִשְׂרָאֵל [וְעַל כְּל־יוֹשְׁבֵי תֵבֵל], וִאִמְרוּ אָמֵן.

I LIKE TO WANDER IN CEMETERIES

by Barry Corrin

A cemetery; a quiet and peaceful place where people are buried. A place to go, feel, and be with someone for a moment or two. A place where tombstones record the names, dates, sometimes the place of beginning, always the place of ending. A place where tombstones tell you who they were—in relationship: a zaida, a baba, a father, a mother, a son, a daughter, a child—but not who they were.

Who they were is buried in the cemetery in my mind and is marked by the tombstones in my home. In the cemetery in my mind lie family, friends, people I knew, people I "knew of" and people whom I wish I had known better.

The tombstones in my home, when I take time to look and really see, remind me of their smiles, their laugh, the laugh lines at the side of their eyes and the twinkle in them. The tombstones in my home remind me of the birthday parties, the anniversaries, the car trips—the family times. The tombstones in my home remind me of their kindness and generosity of spirit, their affection and love for me and mine for them, along with the challenges, the difficulties and yes, even the hardship of having had them in my life.

The tombstones in my home remind me from whence I've come; of those who fashioned me and bequeathed to me a smaller or larger fragment of themselves. And for all of it, the joyful and sad moments, the good and bad days, the easy and the challenging times, I am grateful because—because of them, I am me.

This book is a cemetery and the tears I shed are a bridge to the cemetery in my mind and I like to wander in cemetaries.

I RECALL by Marcia Falk

In memory of lives that touched one's own

I call her/ him to mind and heart, The texture of her/his life, Its presence in mine.

Images rise up and fall away, moments in the current of time-

> tender, harsh, extraordinary, mundane,

that which gives pleasure in recollection and that which hurts, yet resists being forgotten.

May the threads of memory be woven Into the fabric of my life And bring healing.

x x x

SEPARATION by W.S. Merwin

Your absence has gone through me Like thread through a needle. Everything I do is stitched with its color.

THE FOURTH CROWN

Our Rabbis taught that there are three crowns: the crown of Torah, the crown of priesthood, and the crown of royalty. But they emphasized that the crown of a good name excels them all. (*Pirkei Avot 4:17*)

The Book of Ecclesiastes says: "A good name is to be treasured above precious oil." (*Ecclesiastes 7:1*) Wealth, health, even life passes away, but a good name lives forever.

> It is this view that the Talmud teaches: "Monuments need not be erected for the righteous; Their deeds are their memorials." (*JT Sh'kalim 11a*)

They will be remembered and revered for the kindness they have shown, and for the love they have given. They are shining examples of what it means to be a mensch. There are stars whose light reaches the earth only after they themselves have disintegrated and are no more. And there are men whose scintillating memory lights the world after they have passed from it. These lights which shine in the darkest night are those which illumine for us the path.

by Hannah Senesh

EILI EILI

אֵלִי, אֵלִי, שֶׁלֹּא יִגָּמֵר לְעוֹלָם, הַחוֹל וְהַיָּם, רִשְׁרוּש שֶׁל הַמַּיִם, בְּרַק הַשָּׁמַיִם, תִּפְלַת הַאַדַם.

O Lord, my God, I pray that these things never end. The sand and the sea, The rush of the waters, The crash of the heavens, The prayer of man.

by Hannah Senesh



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